



May 26, 2022 - Kimberley, BC

Finally, Round the Mountain is back on **Sunday, June 19th, 2022**. I know some of you have been registered for over two years so we thank you for your patience. If you can't recall what category you registered in please check the [confirmation list](#). Whether you're Trekking, Running, Biking or participating in one of the Kids events, it's going to be a fantastic day.

It is important that you check the confirmation list as we will not be accepting any further changes after May 31st. Prior to that date, if you wish to change categories we need to know and will try to accommodate the change. Any refund requests will take a few days to process and will be subject to a \$15 admin fee per entry. The zone4 fee is non-refundable. We are not accepting deferrals to 2023.

To request a refund or category change email info@roundthemountain.ca with Refund or Change in the subject line. After May 31st changes will not be accepted and registration fees will go toward the Kimberley Trails Society.

Before the Race

Pre-Race Check-in, Bib Collection & Waiver Signing (a must for everyone) :

All check-in happens at the Kimberley Nordic Club 840 N Star Dr, Kimberley, BC V1A 3E9 on:

- **Saturday June 18th from 5 - 8 pm (our preferred option)**
- OR
- **Sunday morning, June 19th from 6:00 am - 11:00 am**

If checking in Sunday morning, allow at least forty-five minutes prior to your start.

Parents must pick-up race packages for Kids under 16 & sign the waiver on their behalf.

Race Timing:

RTM 2022 is co-hosted by the Kootenay Orienteering Club. The RTM race is actually a very simple, fixed route orienteering event using electronic timing designed for orienteering. This adds to the fun of the day and provides split times for each leg of the race.

- Course Maps are available on-line. We encourage you to examine the map before your race so you can familiarize yourself with the route and the control locations. In addition, the route is marked with trail signage. Course routes can also be found by searching Trailforks Routes for Round the Mountain.
- 10K Run, 20K Run and 20K MTB'ers must collect their SI timing stick Sunday morning at

the registration Centre (Kimberley Nordic Club). Any lost sticks will be charged at \$50 each. (Yes, they are expensive.)

- Each race course (10K Run, 20K MTB and 20K Run) has five control locations, where you must “check-in” with your supplied timing stick. At the end of the race, you will also “check-in” at the finish control. This gives you split times for each section of the race, as well as your overall time.
- After finishing, each racer must go to the timing hut to “download” their times and hand in their timing stick.
- There is a 10 minute time penalty for any missed controls.

At the Race

Parking & Free Shuttle Bus

Parking at the Nordic Centre is limited. We encourage everyone, where possible, to carpool and to take the free shuttle bus from the Kimberley Alpine Resort parking lot. Follow the directions of our parking attendants. If parking near the Nordic Trails, park close together and keep the mountain side of the road clear for race participants. For those arriving after 8:30 you will need to find alternate parking. Options include Kimberley Alpine Resort parking lot and some portions of Deer Run Drive, below the Nordic Centre. Please be respectful of residents.

The free shuttle bus service runs from the Kimberley Alpine Resort parking lot so park there and avoid the squeeze.

From 9:50 - 10:10am and 10:40am - 10:55 am, the top end of North Star Drive will be closed to traffic due to racers on the road.

Event Schedule:

Make sure you arrive in plenty of time for your event. Come early to enjoy the races, and stay to enjoy the festival!

6:00 AM	Registration Centre Opens at Kimberley Nordic
6:30 AM	Shuttle Bus from Kimberley Alpine Resort
7:00 AM	20k Trek Start
8:30 AM	10 km Run Start
10:00 AM	20 km Mountain Bike Start
10:30 AM	Kidz Zone Opens
10:45 AM	20 km Run Start
11:00 AM	Beer Garden opens
2:00 PM	Kids Extreme Start (7 & under)
2:30 PM	Adventure Kids Start (14 & under)

[Our full schedule can be seen on our website.](#)

Course Details:

The RTM trail is still not completely clear of snow. Down trees will be removed in the weeks leading up to the event with a final sweep in the days prior to June 19th so proceed with caution.

All course details and maps for each event are available on our website. Click on [The Challenge](#) of your choice to access details.

The mosquitos like the Round the Mountain route so prepare accordingly.

Safety

We want everyone to have a great time, and to finish their race injury-free. Certain sections of the Round the Mountain course are quite technical, with hazards including steep gradients; sharp, loose rocks; trees close to the trail; narrow trails; slippery roots; and exposed rocky sections. We urge all participants to **exercise caution** while on route.

In particular, **2 sections of the trail cross talus (rock) slopes**. The nature of these sections makes them very difficult to run or ride, and a fall on the sharp rocks could be quite serious. **We highly recommend that you walk these sections**, both of which are less than 200m long.

For your own safety, we recommend that each competitor carry a basic first aid kit.

Parents: you are responsible for your kids' safety during the event. You or a guardian must attend the Kids Events if your kids are registered.

We love dogs; but with trekkers, runners and bikers all sharing the same singletrack course it's not the right day to have them out. **We ask that you please leave your dog at home**. No dogs are allowed on the course.

There will be First Aid available at Aid Station #1, 2 and the Finish. In case of emergency, on the trail, proceed or send someone to the next Aid Station where help is available. Please note that cell phone coverage is limited / sporadic on the back-side of Northstar Mountain. Course marshals, sweeps and Aid Stations will have radios to communicate with medical personnel. Or relay a message through another race participant.

What to Bring

For the race, we recommend that you carry/wear:

- Water (we recommend bringing your own water bottle to refill - NO PAPER CUPS ON COURSE) and nutrition. There will be water, sports drink, snacks and fruit available at Aid Stations located at:
 - 6km, 12.5km, and 16.5km point of 20k Trek Run/MTB
 - 5km point of 10k
- Bike repair kit (MTB).
- Sunscreen and sunglasses.
- Insect repellent.

- All MTB riders must wear a helmet.

After the Race

Round the Mountain Festival:

No matter what event you're registered in, plan to hang around for the Round the Mountain Festival when you're done. Bring your friends and family, as it's sure to be a fun time.

The festival will include:

- Race & Festival MCs
- Music provided by **DJ Ray**
- Beer garden with beer from Over Time Beer Works
- Food vendors - Flippin' Crepes, and Mountain Grass

After the race, you'll want to be comfortable. So will your spectators. Consider bringing:

- Sunscreen/hat for the sun, umbrella/raincoat in case of rain, insect repellent
- Reusable mug, cup & plate: let's cut down on waste!
- A camp chair to guarantee a seat!
- \$\$\$ to bid on the silent auction, an appetite for delicious food, and a thirst for a few cold beverages.
- Your camera, big smiles and a sense of fun!

Sponsors

This event wouldn't be possible without our [RTM Sponsors](#) please give them your support in return.

See you there!

That's all for now. We'll see you on Saturday for pre-race bag collection and on Sunday for the race. Thanks so much for signing up, raising money towards Kimberley Trail Network and helping to make **Round the Mountain 2022** a success.

Play Safe!

Your RTM Crew